



## Assikinack Public School Wrestling Club Practice Schedule 2022-2023 Grade 5 Students

**Start Date:** Tuesday, January 24, 2023

**Practices:** Tuesday mornings

**Time:** 7:55 a.m. to 8:50 a.m.

**Where:** School Gymnasium

**Reminders:** Wait outside the gym until supervised  
Change in the school changerooms  
Bring clean indoor running shoes

